11th Annual Midwest First-Year Conference





Thinking Beyond the Traditional First-Year Experience

Friday, September 28, 2018

Hosted by



University of St. Francis • Joliet, IL 60435

Conference Schedule | 2018

7:45 a.m.	CHECK-IN AND CONTINENTAL BREAKFAST Moser Performing Arts Center
8:00 a.m. – 8:30 a.m.	SPONSOR AND POSTER PRESENTATION SHOWCASE Moser Performing Arts Center, Turk Studio
8:30 a.m. – 9:45 a.m.	KEYNOTE ADDRESS - DR. BONITA C. JACOBS, PH.D. THE WINDING ROAD OF TRANSFER TRANSITION: MAKING IT WORK Moser Performing Arts Center, Auditorium
10:00 a.m. – 10:50 a.m	EDUCATIONAL SESSION I Various Locations
11:05 a.m. – 11:55 a.m.	EDUCATIONAL SESSION II Various Locations
11:55 a.m. – 12:55 p.m.	AWARDS LUNCHEON AND REMARKS FROM DR. DALLIN YOUNG Pat Sullivan Recreation Center
12:55 p.m.– 1:25 p.m.	SPONSOR AND POSTER PRESENTATION SHOWCASE Moser Performing Arts Center, Turk Studio
1:25 p.m.–2:15 p.m.	EDUCATIONAL SESSION III Various Locations
2:30 p.m.– 3:30 p.m.	STUDENT PANEL Moser Performing Arts Center, Auditorium
3:30 p.m.	CLOSING AND ANNOUNCEMENTS Moser Performing Arts Center, Auditorium

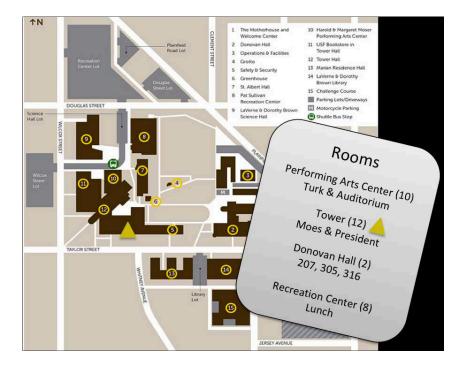
MAP OF UNIVERSITY OF ST. FRANCIS CAMPUS

The Keynote Address, Sponsor and Poster Presentation Showcase, and Student Panel will take place in the Moser Performing Arts Center. Educational Sessions will take place in the following buildings (noted with stars on the map):

- Tower Hall (Moes Room, Presidents Room)

- Donovan Hall (C207 Conference Room, C305 Conference Room, C316 Executive Conference Room)

- Moser Performing Arts Center (Auditorium, Turk Studio)



Keynote Address 8:30 a.m. - 9:45 a.m.

Bonita C. Jacobs, Ph.D. University of North Georgia



Bonita C. Jacobs is president of the University of North Georgia, which was formed in January 2013 through the consolidation of Gainesville State College and North Georgia College & State University. She took office as the 17th president of North Georgia College & State University in July 2011. She was the University's first woman president and is only the second to lead one of the country's six Senior Military Colleges.

Previously, Jacobs served as executive director of the National Institute for the Study of Transfer Students (2009-2011), vice president for student development (1998-2009), and as professor in counseling and higher education at the University of North Texas.

Earlier, she served as interim vice chancellor for student development and dean of students at Western Carolina University and in positions at Stephen F. Austin State University. Jacobs received bachelor's degrees in Spanish and history and a master's degree in counseling from Stephen F. Austin State University. She earned her doctorate in educational administration from Texas A&M University.

Jacobs is the former editor of The Journal of College Orientation and Transition and has served on three other editorial boards. Her publications include *The College Transfer Student in America: The Forgotten Student* and *Starting From Scratch*, a first-year experience textbook, and numerous chapters, journal articles and reviews.

A recipient of multiple awards for her leadership in higher education and student development, Jacobs is a frequent speaker on transfer and student success issues. Dr. Jacobs has been named one of the "100 Most Influential Georgians" by Georgia Trend magazine and as one of the "Top Education Leaders in Atlanta" by the Atlanta Business Chronicle.

Dr. Jacobs is originally from Huntington, Texas. She and her husband, Glenn, have three grown children.

Educational Session I, 10:00-10:50 a.m.

Redesigning the First Year Experience for Generation Z

Emily Bosscher, Trinity Christian College Moes Room, Tower Hall

Who is Gen Z? Learn more about this fascinating group of students: how they think, function in the classroom, and what they need from higher education professionals and first-year programs. This session will discuss how, based on recent work and research done for a Master's in First Year Studies, the Director of First Year Experience at Trinity Christian College has worked to re-shape their first-year programs to better meet and address the needs of these students. This session will share ideas and research, while opening space for dialogue to help apply the research to other colleges.

Focusing on College Success Through Academic Coaching

Eric Tammes, College of Lake County Presidents Room, Tower Hall

The Coaching for Academic Success program at the College of Lake County supports students in developmental math and English courses through an early alert and self-referral process. Academic coaches collaborate with students, faculty and staff regarding academic performance, goal setting, time management, resource utilization, problem solving and motivation. This session with highlight the program structure, outcomes, successes and challenges and also provide ideas to take back to your campus.

College Preparation Programs for Parents of Underrepresented Students: A Tool to Help with Student Success

Dr. Karla Vílchez Neal, Northern Illinois University C207 Conference Room, Donovan Hall

This session will explore the topic of Latina/o Parents in Education and how different College Preparation Programs aimed for these parents have gained recognition as significant tools that can help facilitate the transition of first generation college students to higher education and contribute to their academic success.

What Does the First Year Look Like for a Non-Traditional Undergraduate Student?

Amber Webb, Eastern Illinois University Catherine L. Polydore, Eastern Illinois University C316 Executive Conference Room, Donovan Hall

Statistics show the non-traditional student population is growing on college campuses. Student Affairs staff and faculty must be equipped to meet the needs of these students. The first-year experience is important in helping non-traditional students acclimate to higher education. This session will educate attendees on the unique challenges these students face and resources they can use to contribute to success. Attendees will be able to articulate the challenges non-traditional students face, how they navigate their education, and factors that contribute to their success. Attendees will take away ideas of how to make their campus environment more inclusive for this population.

Blending "Betwixt Spaces" in One Second Every Day: A Semester Project for FYE Seminars

Anne Hinze, Mount Carmel College of Nursing C305 Conference Room, Donovan Hall

Palmer, O'Kane, and Owens (2009) consider the challenges first-year students encounter when existing in both their previous familiar spaces and their new college environments. This "betwixt space" is unique for everyone, yet a state of existence we've all experienced. However, it is not a transition that can be managed in a one-size-fits-all approach. The One Second Every Day project, adapted from Cesar Kuriyama's TED Talk (2012), creates space for students to collect moments from both of these places, knit them together as a whole, and reflect on how they blend into the new cohesive world in which they exist.

Utilizing ePortfolios for Transfer Student Success

Kelly Smith, Northern Illinois University Lauren Napolitano, Northern Illinois University Turk Studio, Moser Performing Arts Center

ePortfolios help students practice skills essential to learning and academic success, and were recently recognized as the eleventh High Impact Practice. ePortfolios help students learn how to organize their thoughts, manage their pursuit of information, synthesize information from multiple perspectives and sources, and collaborate to apply their knowledge outside the classroom. Session attendees will be able to identify what an ePortfolio is and learn best practices. Attendees will receive materials showing how the ePortfolio was implemented in a transfer student course at NIU. Current transfer students will present their ePortfolios and share their experiences using an ePortfolio in their classrooms.

Educational Session II, 11:05 – 11:55 a.m.

You're My Person: Mental Health Indicators and What You Can Do for First Year Students

Makenzie Marsell, Northern Illinois University C207 Conference Room, Donovan Hall

Because college students often choose to disclose their personal concerns to those in helping positions, this session aims to provide a framework of signs to be aware of, how to navigate these moments, and what resources to look for on the participants' campuses to best support our students in crisis and concern. By providing support and guidance, those in helping positions at colleges and universities can serve to support student persistence through higher education. Participants will learn helpful strategies to validate and support students in disclosing moments.

Teachapalooza 2018: A Festival of Bedazzling Strategies, Tools, and Tactics for the Classroom

Dr. Brad Garner, Indiana Wesleyan University C316 Executive Conference Room, Donovan Hall

Keeping up with the best and latest teaching strategies is always a challenge in the midst of our always busy schedules. This session will solve that problem for you. In an action-packed fifty minutes, you will learn about a plethora of teaching strategies and, in addition, you will receive via email, a complete description of all the shared strategies and more. Come prepared to learn. This one is a don't miss. You'll laugh, you'll cry, you'll feel everything.

If You Build It, They Will Succeed: Infusing SI in a Summer Bridge Pre-FYE Course

Shaunte Montgomery, University of Missouri-Kansas City Amy Herbert, University of Missouri-Kansas City Jessica Elam, University of Missouri-Kansas City Presidents Room, Tower Hall

Professional staff in UMKC's department of Academic Support and Mentoring co-created a Pre-FYE course to help meet the growing needs of our students as we seek opportunities to provide a more individualized Summer Bridge experience. Since UMKC is the home of Supplemental Instruction (SI), this course focuses on incorporating SI facilitation strategies and collaborative learning techniques. During this session, participants will experience strategies and activities utilized in a Pre-FYE course and will leave with a tangible, sample syllabus as well as a tour of the online course component, both of which can be adapted for their campuses.

Get Wealthy! - Teaching Cultural Wealth to New Students at Orientation

Matt Weiss, Cardinal Stritch University C305 Conference Room, Donovan Hall

Yosso's Cultural Wealth Model (2005) puts forth a six-part model used to frame a strengthsbased approach to cultural capital. Moving away from deficit thinking, this framework was designed to be more inclusive to communities of color. For the last two years, Cardinal Stritch University has used this model as the basis for the "Get Wealthy" activity during their New Student Orientation program. This session will provide educators the contextual background necessary to facilitate this activity as well as hints for campuses looking to adopt a similar approach for their first year student curriculum.

"I am a First-Generation College Student" at Northern Illinois University (NIU)

Dr. Jennifer Kestner, Northern Illinois University Jeffrey Salmon, Northern Illinois University Connie Storey, Northern Illinois University Moes Room, Tower Hall

At NIU, we are trying to meet the unique needs of first-generation college students. Over the past three years university staff collaborated to create a bi-monthly group for first-generation students. We have developed a two-day program event and campaign to try to reach out to them early enough to make a difference. We want to help them with all the available resources on campus to ensure their success to graduation and navigating the institution. We will share our research, discuss our programs and assessment thus far, and plans for the future so you can implement something similar at your institution.

The Winding Road of Transfer Transition: Making it Work Q&A Session

Dr. Bonita Jacobs, University of North Georgia Turk Studio, Moser Performing Arts Center

Educational Session III, 1:25-2:15 p.m.

Understanding the Transition to College and the First Year experience for Students with Disabilities

Adam Wouk, Roosevelt University Moes Room, Tower Hall

Students with disabilities (SWD) have a particular set of obstacles during their first year experience in college. SWD go through an educational culture shock due to the vast differences in services they receive in high school compared to college. This presentation will discuss those transitional obstacles and solutions to help these students succeed.

The Library as a Catalyst for Student Success

Lidiya Grote, Indiana University - Purdue University Columbus Emily Dill, Indiana University - Purdue University Columbus C207 Conference Room, Donovan Hall

Multiple research studies demonstrate a positive association between library use and student success measures such as retention, graduation and higher GPA. The strongest correlation of library use and student success occurs when students start using library resources during the first year. Campus-wide partnerships and collaborations are paramount to student engagement and success. This session will provide an overview of the successful student-engagement initiatives undertaken by the University Library of Columbus. Programs highlighted include TED Talks on Tuesdays, "I Heart ULC", engaging first-year information literacy sessions, Media Literacy Week events and other workshops, panel sessions and collaborations.

Incorporating Title IX Principles into First-Year Seminar Courses in the Age of #MeToo.

Allison Heard, University of St. Francis Mollie Rockafellow, University of St. Francis Allie Youngren, University of St. Francis Presidents Room, Tower Hall

This session will highlight the importance of colleges and universities customizing First-Year programs that are appropriately matched to their campus culture while also being accountable to addressing current topics in our society. This session will review strategies and tips for incorporating Title IX principles into first-year seminar courses that serve the goals to engage, educate, prevent, remedy, and address campus and societal cultural norms.

Reviving Learning Communities During Times of Constant Change

Dr. Renique Kersh, Northern Illinois University C316 Executive Conference Room, Donovan Hall

The only constant in higher education is change. During times of constant change, often times institutions must evaluate what programs and initiatives provide the best return on investment. At Northern Illinois University, learning communities have weathered constant change and turnover. The commitment of the staff who have run these communities has served as an important lifeline for positive change. This session will provide one road map for navigating change, while revitalizing learning communities and holding on to a high impact practice with important institutional roots and the potential to have dramatic long term impacts on retention and student engagement.

Data from the 2017 National Survey on The First-Year Experience: Creating Connections to Go Beyond Traditional Thinking

Dr. Dallin George Young, National Resource Center Turk Studio, Moser Performing Arts Center

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College of Lake County Illinois Institute of Technology Illinois State University Lincoln Land Community College Loyola University Chicago Northern Illinois University Roosevelt University Saint Xavier University University of St. Francis Waubonsee Community College

Thank you for your continued support

Poster Presentations, 8:00-8:30 a.m., 12:55-1:25 p.m.

P1 - Got GRIT? A New Advising Method One Year Later

Dr. Nicole Ruscheinski Herion, College of Lake County Lisa Hollenbeck, College of Lake County

P2 - Goa: The First Year Journey Program (For Traditional Students, Adult/Transfer Students, and Student Veterans)

Stephanie Daniels, Xavier University Sarah Brinker-Good, Xavier University

P3 -Get Out of the Office! : Innovative Advising Practices outside of the Advising Office

Ryan Echevarria, College of Lake County

P4 - Supporting First-Year experiences of First-Generation, Multicultural, and Undocumented students through Summer Bridge and Campus Programs

Dr. Deborah Glenn, University of St. Francis Allison Heard, University of St. Francis

Student Panel and Closing, 2:30–3:30 p.m.

Beyond the Survey: Connecting with Lived Experiences (A Student Panel)

Moderator: Carrie Schade, Saint Xavier University

Auditorium, Moser Performing Arts Center

What are some of the ways our campuses excel at serving first-year students? What are some areas that could be improved? Where do intention and impact intersect? Join us for a moderated panel of students from two and four-year institutions. There will be a mix of prepared questions and audience Q & A.

We Want Your Input

The MFYC Planning Committee relies on your feedback to ensure the conference is effective in meeting participant needs and expectations. Today please complete a paper evaluation form for each breakout session you attend. An overall evaluation will be sent electronically next week to capture feedback on the keynote speaker(s), location, food, etc. We appreciate your thoughts and look forward to seeing you at future conferences!

Stay connected with us! Join our Facebook community: facebook.com/ MidwestFirstYearConference

2018 Midwest First-Year Conference Committee

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